



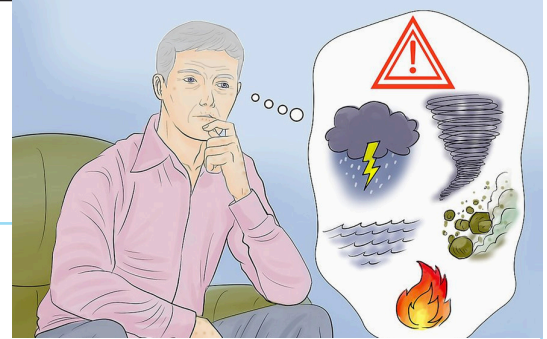
# Situational Awareness Bulletin

From the Mayor's Office of Emergency Preparedness



## PREPAREDNESS TIPS FOR OLDER AMERICAN

As people age, their needs and capabilities change. It's important to think differently than you might have previously. Whether you consider yourself an older American or have a family member, friend or acquaintance, these disaster preparedness tips provide suggestions of what older Americans should do to be prepared.



### 1. Identify the risks in the area where you live.

**2. Make a plan.** Have a family emergency plan in place ahead of time that captures information about medications, health conditions, and health insurance information for family members. Consider a plan where each family member calls or e-mails the same friend or relative in the event of an emergency.

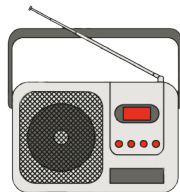
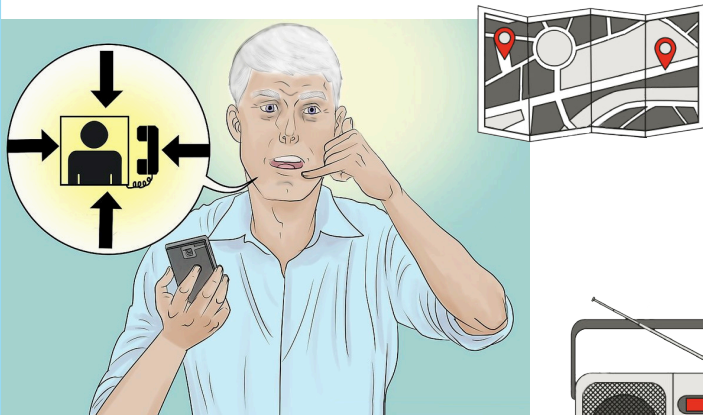
**3. Create a support network.** Establish a network with your other friends and family. Share your plan with other members of your family, especially if you require assistance. If you use a wheelchair or other medical equipment, show friends how to use these devices.

### 4. Be informed about what might happen.

Monitor emergencies in your area with a NOAA Weather Radio, commercial radio or television. Sign up for real time alerts with **Notify ATL at [www.atl311.com](http://www.atl311.com)**.

### 5. Prepare an emergency kit.

- ✓ Include medications and medical supplies.
- ✓ Include emergency documents (in waterproof container).
- ✓ If you use items such as eyeglasses, hearing aids and hearing aid batteries, wheelchair batteries or oxygen, be sure to have extra in your kit.
- ✓ If you have a service animal, be sure to include food, water, collar with ID tag and emergency pet supplies.



Images: [www.wikihow.com](http://www.wikihow.com)

Please contact the Office of Emergency Preparedness at [COAEmergencyPrep@atlantaga.gov](mailto:COAEmergencyPrep@atlantaga.gov) if you have additional questions.