City of Atlanta

Senior Programming for Adults: Ages 50+

Grove Park Recreation Center –

Onsite Senior Coordinator, Lanierion Clay, 404-799-2342

Senior Open Lab (Computer): Tuesday & Thursday - 10:00am - 11:00am

Senior Exercise: Tuesday & Thursday – 11:00am – 12:00pm

Adamsville Recreation Center

Contact Facility Manage, Wallace Khatib, 404-505-3181

Senior Aerobics (Mon, Wed, Fri) 12:00noon – 1:00pm

Senior Yoga (Wed) 6pm – 7pm

*Butler Recreation Center

Contact staff at 404-658-6034

Open enrollment

Coan Recreation Center

Onsite Senior Coordinator, Andrea Arnold, 404-371-5008

Line Dancing: Monday, 10:30am-11:30am

Bingo: Monday, 11:30am-12:30pm

Jewelry Making: Monday, 1:00pm-2:00pm

Computer Classes: Tuesday, 10:00am-11am





City of Atlanta

Walking Exercise Group: Friday, 10am-11am

Rosel Fann Recreation Center

Contact Staff: 404-624-0772

Tuesday: Sassy seniors group, senior field trips: 10am-12noon

Ben Hill Recreation Center

Contact Facility Manager, William Walker, 404-346-5891

Tuesday: Bridge Club, 6:00pm-10:00pm

Tuesday, Thursday: Aerobics, 8-9pm

Friday: Line Dancing, 7pm-8pm

Mon-Thurs. (Jan-May): Computer classes, 10am-12 noon

*C.A. Scott Recreation

Onsite Coordinator: Herman Sellars or Facility Manager- Sonia Wimbish, 404-237-2756

Senior Exercise; Tuesday & Thursday 10:00am - 11:00am

Senior Computer Classes: Tuesday & Thursday, 11am-12:30pm

Pittman Recreation Center

Contact Facility Manager: Deborah Bashir, 404-215-2824

Ceramics: Monday & Wednesday, 11am-1pm

Senior Exercise: Tuesday & Thursday, 12pm-2pm





City of Atlanta

Senior Garden Club: Thursday's, 6p-8p/Once a Month

Grant Park Recreation Center

Contact Staff: Talis Spalvins or Alicia Woodruff, 404-624-0697

Monday: Walking for Wellness-10:30am-11:30am, 50+ Zone-11:30am-1:00pm, Sr. Physical Ed. Class 1pm 2pm

Class-1pm-2pm

Tuesday: Walking for Wellness-10:30am-11:30am, Craft Class-11:30am-12:30pm, 50+ Zone-

12:30pm-2pm

Wednesday: Cultural Field Trips or Interest Group-10:30am-1:30pm

Thursday: Walking for Wellness-10:30am-11:30am, 50+ Zone-11:30am-1:00pm, Sr. Physical Ed.

Class-1pm-2pm

Friday: Field Trip-10:30am-1:30pm

Old Adamsville Recreation Center

Contact: Jamillah Jones, 404-505-3142

Tuesday: The Atlanta Voices Choir-12:00 noon-2:00pm

Wednesday: Senior Activity Day: 10:00am-2:00 pm, Includes Fun & Fitness, Nutrition

Awareness, Live Music, & Lunch.



