## OPEN COURT





A City of Atlanta Department of Parks and Recreation Publication

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## Message from Deputy Commissoner



For the past several years, the City of Atlanta Department of Parks and Recreation has used the monthly tennis newsletter to disseminate information regarding our five tennis centers as well as information related to tennis achievements, pickleball, and recreation events.

Whether you're reading this newsletter for the first time or have read many, we appreciate you for taking the time to read our monthly updates. We have been fortunate to have a talented communications team that has worked to ensure that the information in this newsletter is timely and relevant.

I hope the newsletters have also been able to provide not only contact information to direct questions or concerns, but also information related to the people that work at each of our sites.

As the summer season draws to a close, I would like to thank our staff at each site and an extra special note of thanks to our tennis staff that conducted the 2023 Camp Best Friends Swim and Tennis Camp at Washington Park that reached maximum capacity serving over 110 registrants this summer.

As always, please feel free to reach out by phone or e-mail for assistance with scheduling, addressing maintenance concerns or any issue that we can help resolve.

We look forward to seeing you at the centers with a promise of cooler weather ahead this fall.

Doug Voss Deputy Commissioner

# STAYING COOL \*\*\* WHILE PLAYING TENNIS \*\* \*\*\*

With August temperatures rising, we are all going to feel the effects of the warmer weather and sun faster than we might think. Heat illness is a serious issue and one that we all want to avoid while enjoying our Atlanta tennis courts.

By learning about the stages of heat illness, being aware of the signs and symptoms, and following these simple tips to stay hydrated, players can stay safe on the court even during soaring temperatures.

Three Stages of Heat Illness

- 1. Heat cramps.
- 2. Heat exhaustion.
- Heat stroke.

Minimize Heat Exposure, Maximize Court Time

- 1. Hydrate often.
- 2. Physically prepare.
- 3. Apply sunscreen.
- 4. Wear a hat.
- 5. Wear sun protective clothing.
- 6. Use an ice towel.
- 7. Stay out of the sun.



### GET READY FOR WINTER LEAGUE LOTTERY

Registration for the Winter League random selection process will open on Friday, August 25. The deadline for registration is Friday, September 8 at Noon. Lottery selections will take place on Tuesday, September 12. Team captains will be notified via e-mail of the courts they have been awarded by Thursday, September 14.

#### **CALLING ALL CAPTAINS**

The Department of Parks and Recreation will host a meeting for tennis league captains on Monday, August 28 at 6:30pm. Join us online using Meeting ID: 276 106 250 106 and Passcode: AwimFs or call in (audio only) at+1 470-705-2654, 815913467# with Phone Conference ID: 815 913 467#

#### **TENNIS COURTS OPEN DAILY**

**DAILY** 6 a.m. – 11 p.m. All COA tennis courts at our parks across the city

**MONDAY - FRIDAY** 9 a.m. – 9 p.m. Bitsy Grant, Chastain Memorial and Sharon Lester @ Piedmont Park

**MONDAY - FRIDAY** 1 – 9 p.m. Joseph McGhee 5 – 9 p.m. Washington Park

**SATURDAY** 9 a.m. – 5 p.m. All Tennis Centers

**SUNDAY** 10 a.m. – 5 p.m. All Tennis Centers

In observance of Labor Day, our tennis centers will be closed on Monday, September 4. We will resume normal business hours on Tuesday, September 5.

# GOT NEWS SEND US YOUR STORY!

If you have a tennis story, accomplishment, celebration, or pictures that you would like to be featured in our monthly newsletter, we want to hear from you! E-mail us at COATennis@atlantaga.gov.



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### Contact Us

We're here for you and happy to answer your questions! Email our friendly staff or call 404.546.6788

COATennis@atlantaga.gov

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